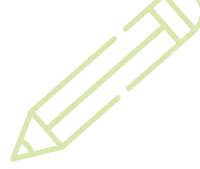


# My First Day at Aspire



## Before My First Day

Checking these items off before you arrive on your child's first day will help make the morning smoother.

### 1. COMPLETE ONLINE ENROLMENT FORM

If you are unsure whether you have completed this process, get in touch with our enrolments team on **1800 978 429**.

### 2. BOOK AND COMPLETE ORIENTATION SESSIONS

Spending time at the centre will help your child them become familiar with their surroundings.

### 3. TALK ABOUT AND PRACTICE YOUR NEW ROUTINE

Your morning routine might look different after you start childcare. Get into the new rhythm before your first day to ease the transition.

### 4. HAVE A DATE NIGHT

If your child isn't used to spending a few hours without you, going out will help them become familiar with it and know that you will always return.

### 5. GET YOUR CHILD EXCITED

If your child is old enough, read stories or watch videos about positive experiences at childcare and talk about the fun activities they will do.

### 6. LABEL EVERYTHING

Labelling clothes, water bottles, hats etc. will help educators keep track of your child's belongings.

## My First Day Plan

Your first morning is exciting, but it also may come with some nerves and even a few tears. We have outlined your first day schedule, so you know exactly what to expect.

### 1. ARRIVE AT THE CENTRE

Arrive at the centre.

### 2. WELCOME TO YOUR ROOM

Your Centre Manager will guide you to your room to meet with your Room Educator.

### 3. PUT AWAY YOUR BELONGINGS

Educators will help show you and pop your child's bag in the cubbies.

### 4. SETTLE IN

Read a book, play with toys, or get involved in an activity.

### 5. SAY GOODBYE

Say goodbye! Remind your child you will be back at the end of the day to collect them.

### 6. CHECK IN

Don't be afraid to check in throughout the day – you can call us at anytime.

### 7. STAY UPDATED

Follow your child's day on KinderM8 with updates on nappy changes, meals they have eaten, and photos of activities they are having fun engaging in.

### 8. PICK UP

Touch base with your child's educators to hear about all the exciting things they got up to today.

