

Before My First Day

Checking these items off before you arrive on your child's first day will help make the morning smoother.

1. Complete QK Enrol Enrolment Form

- If you are unsure whether you have completed this process, get in touch with our enrolments team on **1800 978 429**.

2. Book and Complete Orientation Sessions

- Spending time at the centre will help your child them become familiar with their surroundings.

3. Talk About and Practice your New Routine

- Your morning routine might look different after you start childcare. Get into the new rhythm before your first day to ease the transition.

4. Have a Date Night

- If your child isn't used to spending a few hours without you, going out will help them become familiar with it and know that you will always return.

5. Get your Child Excited

- If your child is old enough, read stories or watch videos about positive experiences at childcare and talk about the fun activities they will do.

6. Label...Everything!

- Labelling clothes, shoes, blankets, stuffed animals, etc. will help educators keep track of your child's belongings.

My First Day Plan

Your first morning is exciting, but it also may come with some nerves and even a few tears. We have outlined your first day schedule, so you know exactly what to expect.

1. Arrive at the Centre

- When you arrive, you will be greeted by your Centre Manager.

2. Welcome to Your Room

- Your Centre Manager will guide you to your room to meet with your Room Educator.

3. Put Away Your Belongings

- Educators will help show you and pop your child's bag in the cubbies.

4. Settle In

- Read a book, play with toys, or get involved in an activity.

5. Say Goodbye

- Say goodbye! Remind your child you will be back at the end of the day to collect them.

6. Check In

- Don't be afraid to check in throughout the day – you can call us at anytime.

7. Stay Updated

- Follow your child's day on KinderM8 with updates on nappy changes, meals they have eaten, and photos of activities they are having fun engaging in.

8. Pick Up

- Touch base with your child's educators to hear about all the exciting things they got up to today.